



## MEDIA RELEASE

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### SAVE WITH 'MY GREEN HOME' TODAY, WORLD ENVIRONMENT DAY

#### The Ngewana family celebrates by continuing to reduce electricity, water and waste

Since April, the Ngewana family has been treating every day as if it were World Environment Day, as they work toward lowering their home's impact on the planet. Any South African who wants to make a difference this World Environment Day can start by joining them at My Green Home, [www.mygreenhome.org.za](http://www.mygreenhome.org.za), and through Twitter (@mygreenhomesa).

There are many no-cost, low-cost and invest-to-save ideas on the website for South Africans to save money by going green at home. Energy efficiency is emphasized, and people who join My Green Home are likely to see lower utility bills. Weekly competitions can reward people who participate, with a range of weekly green prizes and a grand prize of another 'green home makeover' similar to the one the Ngewanas are enjoying.

In the past two months, the Ngewana family have taken a range of steps that other families can also action on World Environment Day. Some take only a few minutes, but can make a significant impact. Examples of things to do on World Environment day would include:

- Turning geysers down to 55 or 60 degrees
- Reducing pool pump hours for winter to 2 to 3 hours
- Shopping for LED replacement globes
- Buying a low-flow shower head
- Phoning an installer for a quote on a solar water heater

The My Green Home website has advice, guides and videos on these subjects and more. Make this World Environment Day one that is more than just symbolic. It's a day to make an impact at home for the Earth.

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